



in the first half of this year, and the markets have been digesting the policy uncertainty out of Washington, we want to reiterate our positive stance on the overall macro environment and remind clients that time in the market is always more important than timing the market. The best and worst S&P 500 Index total returns 1988 through December 31, 2022

While it seems the US economy is projected to face some short-term headwinds

It can feel unnerving when the stock market plummets, but history shows that some of the

together

days often happen

best days in the market often follow bad ones. Therefore, it can make sense to stay the course in order to not miss out on net gains over the long term. The charts to the right illustrate the importance of staying invested even during volatile times.

20% 15% 10% 5% 50 20 Fully Linvested Worst trading days missed Best trading days missed Source: Vanguard Investment Advisory Research Center.

Past performance is no guarantee of future returns. The performance of an index is not an exact representation of any particular investment, as you cannot invest directly in an index.

strong labor markets and corporate balance sheets—provides a foundation

Strategic Perspective

for recovery. As tariffs clarify and inflation trends downward later this year, we expect renewed confidence. Stay diversified, focus on quality assets, and remember, economic expansions don't end due to uncertainty alone they end when imbalances emerge. Today's caution is a sign of health, not impending decline. **Key Takeaway**: Short-term turbulence masks underlying strength. Patience and discipline will reward investors as the cycle progresses.

Volatility is a given, but the U.S. economy's adaptability—coupled with

Reasons for Optimism

Resilient Fundamentals: Despite higher rates, the U.S. economy has consistently outperformed expectations, with strong consumer spending

and low layoffs. Wage growth continues to outpace inflation, supporting

household budgets. **Policy Flexibility**: The Fed retains room to cut rates if needed, and fiscal stimulus (e.g., military spending in Europe, German fiscal support) could buoy global demand.

Long-Term Growth Potential: While near-term GDP may slow, S&P Global

projects a rebound in 2026 as tariff uncertainties ease and monetary policy loosens. The Eurozone's recovery could also lift U.S. exports. Market Opportunities: Corrections have created attractive valuations, and sectors less exposed to tariffs (e.g., tech, healthcare) may rebound as

Funding Deadlines

Traditional IRA \$7,000 contribution limit \$1,000 age-based catch-up, age 50+

ACH transfers must be requested before 3:30 pm on

Monday, April 14th for an April 15th deposit date. A check

can be accepted in the office until 3:45 pm on April 15th.

BOOKENDS

A reminder that the account types below can be funded

for <u>2024</u> up until April 15th:

 HSA \$4,150 Self-only \$8,300 Family

Roth IRA

inflation stabilizes.

\$1,000 age-based catch-up, age 55+ *Totals include employer contributions

\$7,000 contribution limit

\$1,000 age-based catch-up, age 50+

The Bookends Financial Planning Team

CEO: Sarah.Boston@bookendsfp.com

FINANCIAL PLANNING for every chapter of your life

Sarah Boston, Financial Planner, Investment Consultant,





Heidi Hargis, Chief Compliance Officer: Heidi.Hargis@bookendsfp.com

Mindy Christian, SVP Operations: Mindy.Christian@bookendsfp.com

Jack Boston, Financial Planning Intern: Jack.Boston@bookendsfp.com

 Mike Wetzel, Financial Adviser: Mike.Wetzel@bookendsfp.com Erin Guilfoil, Financial Planner: <u>Erin.Guilfoil@bookendsfp.com</u>





sender of this email stating that you do not want to receive such emails. If you opt-out of this type of email, we will continue to send to you emails that are not primarily advertisements/promotions, including emails addressing information related to servicing your accounts. investment advisory services offered through Bookends Financial Planning. Securities offered through Raymond James & Associates, Inc. and Charles Schwab & Co, Inc., Members New York Stock Exchange/SIPC. Bookends Financial Planning is not a registered broker/dealer. Links to third-party websites are being provided for informational purposes only. Bookends Financial





information regarding any websites users and/or members. Expressions of opinion are provided as of the date above and subject to change. Any information should not be deemed a recommendation to buy, hold or sell any security. Certain information has been obtained from third-party sources we consider reliable, but we do not guarantee that such information is accurate or complete. This report is not a complete description of the

Bookends Financial Planning and is not a complete summary or statement of all available data necessary for making an investment decision. Any information provided is for informational purposes only and does not constitute a recommendation. Bookends Financial Planning and its employees may own options, rights or warrants to purchase any of the securities mentioned in e-mail. This e-mail is intended only for the person or entity to which it is addressed and may contain confidential

and/or privileged material. Any review, retransmission, dissemination or other use of, or taking of any action in reliance upon, this information by persons or entities other than the intended recipient is prohibited. If you received this message in error, please contact the sender immediately and delete the material from your computer. Bookends Financial Planning does not accept orders and/or instructions regarding your account by e-mail, voice mail, fax or any alternate method. Transactional details do not supersede normal trade confirmations or statements. E-mail sent through

the Internet is not secure or confidential. Bookends Financial Planning reserves the right to monitor all e-mail.

Tanner Boston, Portfolio Management Associate: <u>Tanner.Boston@bookendsfp.com</u>

Planning is not affiliated with and does not endorse, authorize, or sponsor any of the listed websites or their respective sponsors. Bookends Financial Planning is not responsible for the content of any third-party website or the collection or use of

the statements, opinions or forecasts provided herein will prove to be correct. Whenever you invest, you are at risk of loss of principal as the market does fluctuate. Past performance is not indicative of future results. Purchases are subject to sultability. This requires a review of an investor's objective, risk tolerance, and time horizons. Investing always involves risk and possible loss of capital. Any information provided in this e-mail has been prepared from sources believed to be reliable but is not guaranteed by

securities, markets, or developments referred to in this material and does not include all available data necessary for making an investment decision. Prior to making an investment decision, please consult with your financial advisor about your individual situation. Investing involves risk and you may incur a profit or loss regardless of strategy selected. There is no guarantee that

This email was sent to Heidi.Hargis@bookendsfp.com

why did I get this? unsubscribe from this list update subscription preferences Bookends Financial Planning · 7320 US 31 S · Indianapolis, IN 46227-8541 · USA